



# DEFENSIVE EDGE MARTIAL ARTS

## Summer 2022

EFFECTIVE JULY 11<sup>TH</sup> 2022



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### YOUTH MARTIAL ARTS SCHEDULE

PROGRAM	MON	TUES	WED	THURS	FRI	SAT
GOLDEN EAGLES (4-6 y/o)	4:00 - 4:45 PM		9:45 - 10:30 AM		4:45 - 5:30 PM	9:45 - 10:30 AM
TEEN SAMURAI (7-13 y/o)	4:45 - 5:30 PM	4:00 - 4:45 PM	10:30 - 11:15 AM	4:00 - 4:45 PM		10:30 - 11:15 AM
YOUTH BJJ (7-13 y/o)		5:30 - 6:15 PM	4:45 - 5:30 PM (No Gi)	5:30 - 6:15 PM		
YOUTH MMA (7-13 y/o)	5:30 - 6:15 PM (Striking)	4:45 - 5:30 PM	4:45 - 5:30 PM (Grappling)	4:45 - 5:30 PM		
YOUTH MUAYTHAI (7-13 y/o)	5:30 - 6:15 PM		5:30 - 6:15 PM		5:30 - 6:15 PM	
ADV. YOUTH (PURPLE-GREEN & ABOVE)			11:15 - 12:00 PM (Green & above)			

