



# DEFENSIVE EDGE MARTIAL ARTS



[DEFENSIVE-EDGE.COM](http://DEFENSIVE-EDGE.COM) - (781) 245-0250 - [INFO@DEFENSIVE-EDGE.COM](mailto:INFO@DEFENSIVE-EDGE.COM)

## YOUTH MARTIAL ARTS SCHEDULE

PROGRAM	MON	TUES	WED	THURS	FRI	SAT
GOLDEN EAGLES (4-6 y/o)	4:00 - 4:45 PM		4:00 - 4:45 PM		4:45 - 5:30 PM	9:45 - 10:30 AM
TEEN/ SAMURAI (7-13 y/o)	4:45 - 5:30 PM	4:00 - 4:45 PM	4:45 - 5:30 PM	4:00 - 4:45 PM		10:30 - 11:15 AM
YOUTH BJJ (7-13 y/o)		5:30 - 6:15 PM		5:30 - 6:15 PM	4:00-4:45 (NO GI)	
YOUTH MMA (7-13 y/o)	5:30 - 6:15 PM (STRIKING)	4:45 - 5:30 PM		4:45 - 5:30 PM	4:00-4:45	
YOUTH MUAY THAI (7-13 y/o)	5:30 - 6:15 PM		5:30-6:15 PM		5:30 - 6:15 PM	11:15-12:00 PM
ADV. YOUTH (PURPLE-GREEN & ABOVE)			6:15-7:00 (GREEN & ABOVE)			



SCAN CODE FOR FREE  
YOUTH TRIAL CLASS

SCAN CODE FOR 2 WEEKS  
OF YOUTH TRIALCLASS